



sabino
WELLSPA

wholeness in one

sabino

WELLSPA

shirley gasparin

R.O.B.T

traditional and holistic body therapy

structure + muscle rebalance | craniosacral
orthobionomy | myofacial release | relaxation

\$90 session

martin giguere

BSCPHT + MCPTBC

physical therapy and fitness specialist

balance + strength = performance

1•on•1 personal training

\$100 session

brittney matte

CMT

relaxation massage

deep muscle | reflexology | hot stones
facials | foot pampering

\$50-90 session



250.319.1835

201A—1315 Summit Drive | Tudor Village Clock Tower | Kamloops BC